

THAILAND to LAOS CYCLE TOUR

This Thailand and Laos tour starts from Bangkok where you have free day to explore the Thai capital. We then cycle through the Khai Yai National Park, the Elephant Village then through some of the most beautiful rural parts of Thailand before finishing in the Laos capital, Vientiane

500km in 6 Days

29th February – 10th March 2020



For more information contact Lynne Tucker on 01676 534622 /
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Or visit our website: <http://theleisuretraveller.co.uk/category/cycle-challenges>

Itinerary

Day 1 -overnight flight to Bangkok

Day 2—Welcome to Thailand

We transfer to our Bangkok hotel and once checked in, the rest of the day is free for you to relax or explore Bangkok before meeting up in the evening to enjoy a traditional Thai meal and cultural show. Overnight in Bangkok. Meals included D.

Day 3 —Our cycle tour begins!

Today we meet our team for the bike fitting and tour briefing before transferring to Saraburi (approx. 1hours 15 mins) to avoid cycling in the busy traffic of Bangkok. Fabulous ride through rolling hills with great scenery. Distance approx. 70km / Meals included B,L,D

Day 4—Khao Yai—Surin

Cycling through the Khao Yai National Park our day starts off a little challenging with a long climb, but we have an easier ride on flatter roads after lunch. Distance approx. 95km / Meals included B,L,D

Day 5—Surin—Roi Et

We take the back route via the Elephant Village, where we stop to learn how the elephants connect with people and how the villagers look after their elephants. Distance approx. 80km / Meals included B,L,D

Day 6—Roi Et—Khon Kaen

After a short transfer to avoid the busy roads we cycle on quiet roads through the rice fields & sugar palm farms. Distance approx. 80kms / Meals included B,L,D

Day 7—Khon Kaen-Udon Thani

Cycling through one of the most beautiful parts of rural Thailand, passing small villages en route where stopping for a photo is a must! Distance approx. 85kms / Meals included B,L,D

Day 8—Udon Thani—Vientiane

Our final day of cycling on small mainly flat quiet roads through stunning countryside and remote villages. We cross the boarder into Laos before cycling our final 20km and arriving at the Laos capital Vientiane. Distance approx. 90kms / Meals included B.L,D

Day 9– Free day in Vientiane

Relaxing day to chill by the pool or soak up the sights of Vientiane. Meals Included B & Gala Dinner

Day 10—Departure day

Free time in Vientiane before boarding our flights home. Meals included B.

Day 11—Arrive UK

What's included & cost

- ♦ Flights from London
- ♦ Accommodation on twin share basis
- ♦ Meals as stated in itinerary
- ♦ Multi-gearred bikes
- ♦ Tour leader, support staff and mechanics
- ♦ Refreshments and water whilst cycling
- ♦ Support van
- ♦ All entrance fees
- ♦ Airport taxes
- ♦ Fully escorted by a member of The Leisure Traveller

Tour price based on a sharing a twin room £2,250 per person

Single rooms available for additional £265 per person

Registration fee/Deposit
£250 per person

Places are limited so call now to book your place!